

# GASSHUKU WITH **SENSEI VELIBOR DIMITRIJEVIC**

**8TH DAN, KASE HA SHOTOKAN RYU KARATE-DO**

**Ås (Aas), Norway, January 12-14, 2024**

**Venue: Åsgård flerbrukshall, Skoleveien, 1430 Ås**

Ås Karate club is very proud receive Sensei Velibor Dimitrijevic, former karate champion. He is well known for his focus on stands, breathing and kime, as well as his instructions of exceptional pedagogical qualities.

Participants from all Shotokan associations are welcome.

Questions? Contact Sensei Thomas Smestad:

[thomas@smestad.no](mailto:thomas@smestad.no)

- NO PRE-REGISTRATION IS REQUIRED.
- PAYMENT BY CASH OR VIPPS.



## **Friday 12**

19.00-21.00: All belts

## **Saturday 13**

10.30 - 12.30: All belts

13.00 - 15.00: Brown + Dan grades

15.00 - 16.00: Theory

## **Sunday 14**

10.30-14.00: All belts

## **Prices Dan + brown:**

All sessions: 800 NOK

One day: 300: NOK

## **Prices coloured belts:**

All sessions: 700 NOK

One day: 300 NOK

## **Accommodation: Thon Hotel in Ski (recommended):**

Thon Hotel Ski offers discounted rates, provided availability. Book at +47 64853500 or [ski.resepsjon@olavthon.no](mailto:ski.resepsjon@olavthon.no). Use the following discount code: «120124AASK».

Booking deadline: 17 Dec 2023.



[www.aaskarate.no](http://www.aaskarate.no)